



Mindful Ecotherapy Center

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2022 ADHD Differential Diagnosis Course Description



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COURSE DESCRIPTION

Target Audience: Mental Health Professionals

Online Continuing Education Hours: 1.25

Approved by the National Board for Certified Counselors (NBCC) ACEP #7022

The rate of ADHD diagnosis in the United States is over twice that of other developed nations. In this course we will examine some possible reasons for this, including misdiagnosis of ADHD and over-diagnosis of ADHD. We will discuss some common diagnoses often mistaken for ADHD and how to do differential diagnosis.

Objectives

- Discuss the ADHD epidemic
- Discuss co-morbidity: ADHD and other diagnoses
- Discuss: Is ADHD over-diagnosed?
- Describe the psychological aspects of differential diagnosis: Could it be another disorder with symptoms similar to ADHD?
- Name some General Medical Conditions: Could the symptoms be better accounted for by a medical condition?
- Name some Environmental Factors: Are the symptoms the result of the patient's environment? Are the symptoms present globally or specifically?
- Describe and discuss comorbidity: Are there other things going on in addition to ADHD?

INSTRUCTOR

Charlton Hall, Director of the Mindful Ecotherapy Center, LLC

National Board for Certified Counselors approved provider of continuing education ACEP #7022

INSTRUCTOR'S BIOGRAPHY

Charlton (Chuck) Hall has a Masters in Marriage and Family Therapy and a Bachelor of Science in Experimental He is currently a doctoral candidate (ABD) in Transpersonal Psychology.

In 2008 Charlton was awarded a two-year postgraduate fellowship in Mindfulness, Ecopsychology and the Family System where he studied applied ecopsychology and mindfulness in a clinical setting.

In addition to ecotherapy Charlton Hall is trained in Sandtray Expressive Arts Therapy, Play Therapy with victims of trauma, Acceptance and Commitment Therapy (ACT), Dialectical Behavior Therapy (DBT), Ecopsychology, and Mindfulness.

Hall's area of research and interest is using Mindfulness and Ecopsychology to facilitate Acceptance/Change strategies within a family systemic framework, and he has presented research at several conferences and seminars on this and other topics.

He is the author of *The Mindfulness-Based Ecotherapy Workbook* and *The Mindfulness-Based Ecotherapy Facilitator Manual*, the *Mindful Mood Management Workbook*, and the *Mindful Mood Management Facilitator Manual*.

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