

Ethics and Ecotherapy

One-hour ONLINE Continuing Education Course

Course Information



Mindful Ecotherapy Center

www.mindfulecotherapy.org

Ethics of Ecotherapy Online Course Information

- **Target Audience: Mental Health Professionals**
- **ONLINE Continuing Education Hours: 1 (One)**
- **The Mindful Ecotherapy Center, PLLC is an NBCC-Approved Continuing Education Provider, NBCC ACEP # 7022**

Course Description

Ecotherapy usually includes doing therapy outdoors. Therapy in non-traditional settings presents unique ethical challenges. These ethical issues are usually not covered in therapy graduate school programs. In this course we will discuss how to address some common ethical issues for therapists and counselors that are unique to the process of ecotherapy.

Course Objectives

After taking this course the student will be able to:

- Identify ethical issues specific to ecotherapy and outdoor interventions.
- Apply informed consent and boundary-setting strategies in nature-based sessions.
- Recognize culturally competent approaches for diverse client populations.
- Evaluate scenarios to ensure client safety and adherence to professional standards.

National Board for Certified Counselors (NBCC) Information

The Mindful Ecotherapy Center, PLLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7022. Programs that do not qualify for NBCC credit are clearly identified. The Mindful Ecotherapy Center, PLLC is solely responsible for all aspects of the programs.

All course materials are evidence-based, with clearly defined learning objectives, references and citations, and post-course evaluations. Upon request a copy of this information and a course description containing objectives, course description, references and citations will be given to you for your local licensing board. All online courses and webinars contain course objectives, references and citations as a part of the course materials; however, it is your responsibility to check with your local licensing board for suitability for continuing education credit if your licensing board does not recognize National Board for Certified Counselors (NBCC) approval. No warranty is expressed or implied as to approval regarding jurisdictions outside of the United States or its territories or for organizations that do not accept NBCC approval for continuing education courses.

Instructor Qualifications and Contact Information

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This course was created by Charlton Hall, MMFT, PhD.

Charlton Hall, MMFT, PhD is a former Marriage and Family Therapy Supervisor (now retired from that role). He is currently a Licensed Marriage and Family Therapist in South Carolina and Washington. In 2008 he was awarded a two-year post-graduate fellowship through the Westgate Training and Consultation Network to study mindfulness and ecotherapy. His chosen specialty demographic at that time was Borderline Personality Disorder.

Dr. Hall has been providing training seminars on mindfulness and ecotherapy since 2007 and has been an advocate for education in ecotherapy and mindfulness throughout his professional career, serving on the South Carolina Association for Marriage and Family Therapy's Board of Directors as Chair of Continuing Education from 2012 to 2014.

He served as the Chair of Behavioral Health for ReGenesis Health Care from 2014 to 2016 and trained all the medical staff in suicide risk assessment and prevention during his employment at that agency.

Dr. Hall is also a trained SMART Recovery Facilitator and served as a Volunteer Advisor in South Carolina for several years.

Dr. Hall's area of research and interest is using Mindfulness and Ecotherapy to facilitate acceptance and change strategies within a family systemic framework, and he has presented research at several conferences and seminars on this and other topics.

Credentials for Charlton Hall

- Bachelor of Science in Experimental Psychology
- Masters in Marriage and Family Therapy
- Two-Year Post-Graduate Fellowship at Westgate Training and Consultation Network in Mindfulness, Ecotherapy and the Family System specializing in trauma, suicide prevention, and Borderline Personality Disorder
- Doctor of Philosophy in Transpersonal Counseling
- Marriage and Family Therapist (SC LMFT # 4525)
- Retired Marriage and Family Therapy Supervisor
- Former Registered Play Therapy Supervisor (now retired)
- Certified Hypnotist
- Certified Hypnotherapist

Charlton Hall, MMFT, PhD is Trained In:

- Certified Online Trauma Treatment Specialist
- Certified Crisis Prevention Institute (CPI) Non-violent Crisis Intervention Instructor
- Suicide Risk Assessment and Prevention
- Retired Registered Play Therapy Supervisor
- Retired Registered Play Therapist
- Trauma Treatment Specialist
- Certified in Sandtray Expressive Arts Therapy
- Relapse Prevention & Recovery-Based Treatment
- Mindfulness and the Family System with Trauma Victims 24-month Internship
- Certified SMART Recovery Facilitator/Volunteer Advisor
- Motivational Interviewing
- Person-Centered Thinking
- Child-Family Team Training
- Parental Alienation Syndrome 5 hours
- LGBT-Q issues in Therapy
- Cultural Diversity
- Trauma-Focused Cognitive Behavioral Therapy
- E-Therapy Online Therapy Training

Books by Charlton Hall, MMFT, PhD

The Mindfulness-Based Ecotherapy Workbook
The Mindfulness-Based Ecotherapy Facilitator Manual
Ecoplay: Re-Introducing Your Children to Nature
The Mindful Mood Management Workbook
The Mindful Mood Management Facilitator Manual
Mindfulness: An Introduction

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